

C 3 Checklist
(Revised January 1, 2002)

Riding Test Expectations	Candidate should ride with a basic balanced position, demonstrating coordinated use of aids, developed through an independent seat, initiate and maintain free forward movement with smooth transitions and a steady light feel of mount's mouth. Show confidence and control at all gaits on the flat and over fences.			
Riding on the Flat	Mount and dismount from either side.			
	Demonstrate warm-up for flat work.			
	Evaluate warm up; discussing organization and reasons.			
	Ride schooling figures to include circles, half circles, and straight lines at each gait, with and without stirrups.			
	Evaluate performance (bend, forward motion, accuracy of transitions).			
	Demonstrate: moving pony away from leg (sideways) at walk or trot.			
	Demonstrate: knowledge of aids for reinback.			
	Demonstrate: increase and decrease of speed at each gait.			
	Discuss difference between increase of speed and lengthening of stride.			
	Evaluate performance.			
	Basic balanced position maintained, with independent seat and aids. Free forward movement maintained.			
	Confidence and control shown throughout flatwork.			
	Demonstrate ability on different pony, initiating free, forward movement at each gait, showing confidence and control.			
	Evaluate performance and differences from own pony.			
Riding over Fences	Discuss reasons for different lengths of stirrups and various positions for different work.			
	Demonstrate warm-up for jumping, using exercises appropriate for horse including simple gymnastic grid, to include some work without stirrups over fences not to exceed 2' 6".			
	Ride over stadium fences (not to exceed 3' 3").			
	Discuss performance and ways ride could be improved.			
	Basic balanced position shown, with independent seat and aids.			
	Confidence and control shown over gymnastics and stadium fences.			
	Demonstrate ability on different pony (not to exceed 2' 9").			
	Evaluate performance and how pony differs from own.			
Riding in the Open (must be done)	Ride at a gallop in the open, alone and in a group.			
	Demonstrate a knowledge of pace at 240 meters per minute, developing estimated 350-400 mpm.			
	Ride over cross-country obstacles at appropriate pace (350-400 meters per minute).			
	Evaluate performance, pace, and reasons for any disobediences.			

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Horse Management Expectations	The candidate should achieve a level of competence to care for his/her mount in a manner that will ensure comfort and health, while knowing when and where to turn for help if needed. He or she should also have the ability to explain stable and veterinary routine to D-level Pony Club members. Supervision of longeing is required during the testing.			
Turn-out/Tack	Correct formal or informal attire, or as designated by DC.			
	Mount should show evidence of regular grooming and must be clean, with attention to ears, dock, mane, tail, and feet.			
	Tack should be safe, clean, with metal polished, and well-adjusted, showing regular care.			
	Explain the use and function of equipment used on own pony for flat and over fences work.			
	Describe basic actions of snaffle, curb, pelham.			
Bandaging	Independently apply a shipping bandage. Explain purposes and dangers.			
	Independently apply a stable bandage. Explain purposes and dangers.			
Conformation & Lameness	Know what conformation points might contribute to the following unsoundnesses: bowed tendon, curb, ringbone, sidebone, navicular, interfering, overreaching, forging, splint.			
Foot and Shoeing	Discuss types of shoes on own pony and tell why they are used.			
Stable Management	Discuss safety practices, both human and equine, around barn, including fire prevention.			
	Describe three toxic plants in your area, when most toxic, which parts are toxic, symptoms of poisoning.			
Record Book	Pony Health Maintenance Record Book must be kept up to date and brought to test. A minimum of 1 year prior to testing.			
Nutrition	List six classes of nutrients needed by pony and primary feeds that provide them.			
	For your area, know availability, cost, and origin of hay and grain needed to meet nutritional requirements of own pony.			
Veterinary Knowledge	Discuss causes and signs of the following: colic, tying up/azoturia, laminitis/founder, heaves, choking, tooth problems, skin diseases.			
	Discuss symptoms and preventive measures for the following common diseases: influenza, equine encephalomyelitis, tetanus, strangles, rhinopneumonitis.			
	Discuss internal parasites and the damage they can cause to a pony.			
	Discuss teeth and include number, (male & female), how teeth grow, baby teeth replaced by permanent; location of incisors and molars.			
Travel Safety	Discuss preparation of trailer and vehicles for safe, comfortable travel.			
Conditioning	Discuss condition of own pony.			
	Know vital signs at rest and after work.			
	Discuss different methods of conditioning for various activities.			

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Teaching	Bring letter of recommendation from DC that C3 candidate is assisting in teaching mounted lessons with supervision in club.			
	Prepare written lesson plan and teach unmounted lesson of choice to D-1 or D-2 from D-2 or D-3 standards (limit 10 minutes)			
Longeing (under direct supervision)	Longe own pony in enclosed area to pony's level of ability.			
	Equipment suitable and properly fitted.			
	Demonstrate safe effective techniques.			
	Demonstrate proper use of equipment and voice, safety precautions for longeing.			