

**C 1 Checklist
(Revised January 1, 2002)**

Riding Test Expectations	The candidate should ride with confidence and control on the flat and over fences, demonstrating a basic balanced position and use of natural aids. The rider should begin to initiate free forward movement, and begin to establish light feel of mount's mouth.			
Riding on the Flat	Demonstrate emergency dismount at the trot.			
	Warm-up for everyday work, to include some warm-up exercises.			
	Discuss value of warm-up exercises.			
	Perform suppling exercises for rider without stirrups, at the walk and sitting trot.			
	Demonstrate aids for moving pony away from the leg, at halt (sideways).			
	Demonstrate long rein, loose rein, light contact at walk.			
	Ride at walk, trot and canter, with smooth transitions, performing circles and figure-8s at each gait.			
	Discuss performance with Examiner, including whether or not pony was moving freely forward.			
	Describe three artificial aids and their uses.			
Riding over Fences	Perform simple gymnastic exercises for rider over trotting poles, followed by small jump (2'3").			
	Ride over small grid (three fences, not to exceed 2'3").			
	Ride over jumping course of six to eight obstacles; include a two-stride combination; obstacles not to exceed 2'9".			
	Discuss performance with Examiner, including steadiness of pace and ways ride could be improved.			
Riding in the Open	Ride safely in a group, at the walk, trot, and canter.			
	Discuss and/or demonstrate, if time available, riding safely over hills, ditches, low banks, flat open areas, and streams.			
	Ride over cross-country obstacles, not to exceed 2'9" in height.			
	Discuss performance with Examiner giving reasons for any disobediences.			
Horse Management Expectations	The candidate should show a developing awareness of cause and effect in the care of own mount. He/she should be familiar with local common horse terms. Assistance is recommended in the demonstration of bandaging.			
Turn-out, Tack	Attire to be correctly formal or informal, or as designated by the DC			
	Pony to be well-groomed, reflecting regular care.			
	Tack to be safe, clean, and well adjusted, reflecting regular care			
Bandaging	Apply a shipping bandage with assistance.			
Conformation, Lameness	Identify good and bad points of basic leg conformation.			
	Describe five common unsoundnesses as to location and outward appearance.			
Foot & shoeing	Discuss the five steps in shoeing.			
	Recognize farrier tools and know their uses.			

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Stable Management	Discuss types of bedding appropriate for your area.			
	Be able to put a blanket on mount safely.			
	Discuss types and causes of stable vices.			
	Describe and give reasons for three types of clipping.			
	Describe conditions which foster internal and external parasites, procedure for parasite control in pasture and stall management, ways to control flies, bot eggs.			
Record Keeping	Review candidate's Pony Health Maintenance Record Book. (A minimum of 6 months prior to testing, to include immunizations, worming schedule, teeth, shoeing, etc.)			
Nutrition	Describe how feeds are measured and weighed.			
	Know amount and type of feed for own mount.			
	Describe characteristics of good and bad feed, watering, and pasture.			
Veterinary Knowledge	Describe how to treat minor wounds.			
	Discuss regular worming control for own mount, how and why to de-worm new horses in barn.			
	Know health care schedule for own mount including dates of inoculations (tetanus, encephalomyelitis, etc), de-worming, floating of teeth, shoeing.			
Travel Safety	Discuss basic equipment needed for mount's safety and comfort during trailer travel.			
	Know trailer safety check list.			
Conditioning	Discuss conditioning and how to condition for Pony Club activity of your choice.			
Teaching	Under direct supervision, perform and explain reasons for a safety and tack inspection for a D Pony Club member.			
Longeing	Discuss reasons for longeing.			
	Discuss necessary equipment and safety procedures.			
Introduction to Horse Sports	List all the horse sports offered in USPC.			